

ECAP Resources

This document contains links to FREE resources to assist educators, parents, and students in the ECAP process.

On February 25, 2008 the Arizona State Board of Education approved Education and Career Action Plans for all Arizona students grades 9-12. An ECAP (Education and Career Action Plan) reflects a student's current plan of coursework, career aspirations, and extended learning opportunities in order to develop the student's individual academic, career goals and postsecondary plans.

Here are the ECAP requirements as outlined in Board Rule R7-2-302.05 (Approved February 25, 2008):

- Academic Goals
- Career Goals
- Postsecondary Education Goals
- Extracurricular Goals

Click [here](#) to read more about what should be included in those 4 areas.

Please contact Amanda Nolasco at amanda.nolasco@azed.gov or 602.542.5353 with any questions.



Career Exploration

Website	Description	Assessment
Pipeline AZ www.pipelinaz.com	Career Exploration Industry Exploration Career Exploration School Search Based Upon Industry & Job Title	Interest Inventory
O*NET Online www.onetonline.org	Occupation Search Career Exploration	Interest Inventory
You Science www.youscience.com	Natural Ability-Based Career Alignment and Exploration College Search	Performance Measures of Aptitudes Interest Inventory Personality Profiler
uwandu (you•wanna•do) www.uwannadu.com	Career Exploration College Search Job Search Curriculum/Lesson Plans	Interest Inventory
Career One Stop www.careeronestop.org	Career Exploration Find Training Job Search	Interest Inventory Work Values Matcher Skills Matcher
My Next Move www.mynextmove.org	Career Exploration Industry Exploration	Interest Inventory
Bureau of Labor Statistics www.bls.gov	Labor Market Data	
Your Free Career Test www.yourfreecareertest.com	Career Exploration	General Career Test Health Career Test Art Career Test Business Career Test Trade Career Test Volunteer Match Test Job Quiz
Occupational Outlook Handbook www. https://www.bls.gov/ooh/	Career Exploration	



Post Secondary Planning

Website	Description	Assessment
Big Future www.bigfuture.collegeboard.org	College Search College Planning Paying for School Career Search	Know Yourself
Missouri State University “What Can I Do with this Major” www.careercenter.missouristate.edu	Match majors to jobs Click on Career Planning Toolkit Click on What Can I do with this Major	
Arizona State University – me3 Download in the App Store or get it on Google Play	Major Exploration Chart Academic Plan Career Exploration	
College Xpress www.collegexpress.com	College Search College Planning Paying for School	
Your Free Career Test www.yourfreecareertest.com	College Search Degree Exploration Financial Aid Information	General Career Test Health Career Test Art Career Test Business Career Test Trade Career Test Volunteer Match Test Job Quiz

Additional Resources

Website	Description	Assessment
Webinar – ECAP without AzCIS Electronic ECAP created by Glendale High School using Google Docs	Webinar the reviews the ECAP components, compliance, and example from Glendale High School To access the recorded webinar, click here	



Arizona Department of Education – ECAP

	To access the sample Electronic ECAP created by Glendale High School, click here	
<p>Truity www.truity.com</p>	<p>Multiple online assessments. Basic reports are free.</p>	<p>Personality Tests</p> <ul style="list-style-type: none"> • Myers Briggs • Enneagram • Big Five • Disc <p>Career Tests</p> <ul style="list-style-type: none"> • Career Personality Profiler • Type Finder for Career Planning • Holland Code Career Test • Photo Career Quiz <p>Personal Strengths Inventory</p>
<p>Overcoming Obstacles www.overcomingobstacles.org</p>	<p>K-12 curriculum on “Life Skills” Full Lesson Plans Activity Sheets Training Guides Aligned to CASEL, ASCA, and Common Core Standards</p>	<p>Student survey to collect pre and post data</p>
<p>Career Fluency HQ www.careerfluencyhq.com</p>	<p>High School Curriculum Career Success Network and Social Capital Professional Etiquette College Access, Transition, and Success</p>	<p>Student survey to collect pre and post data</p>
<p>NACAC https://www.nacacnet.org/advocacy--ethics/initiatives/steps/</p>	<p>Step by Step: College Awareness and Planning for Families, Counselors, and Communities Curricula for K-12 PowerPoint presentations in English and Spanish</p>	



Online Platforms

The Arizona Department of Education does not endorse any specific platform. We are just making you aware of possible options. ECAP delivery and compliance doesn't require the use of a specific platform and it is up to the discretion of the school/district/charter on how to best meet the needs of students.

Platform	Website	Contact	Notes
AzCIS	azcis.intocareers.org (Click on Order From at top to order online)	intoCareers, University of Oregon inquiries@intocareers.org (541) 346-2374	Current data is archived and no data will be lost if you choose to purchase
Bulb Digital Portfolios	www.bulbapp.com	Andrew Cary andrew@bulbapp.com (443)831-7477	
Find Your Grind	findyourgrind.com	Dan Weidmann dan@findyourgrind.com (203) 887-9954	Free for SY20-21 and could acquire a cost after SY20-21
<u>MaiaLearning</u>	www.maialearning.com	Michelle Cosner michelle@maialearning.com (215) 589-3086	
Major Clarity	MajorClarity.com	Kara Dickerson kara@majorclarity.com (804) 385-5097	
Naviance	www.naviance.com	Scott Hinojosa scott.hinojosa@hosbons.com (801) 634-8202 (513) 288-3380	
SchoolLinks	www.schoollinks.com	Katie Fang katie@schoollinks.com	
Scoir	www.scoir.com	John Hartman jhartman@scoir.com	Free for Title I Schools
UpperCampus	https://www.uppercampus.com/	Max Clark max@uppercampus.com	No cost to school if you partner with them. App version only – can be used via Smartphone or Tablet only
Xello	www.xello.world	Jean-Paul Galley jeanpaulg@xello.world (800)965-8542	

